

## Brunch

**TOAST** £2.00

*Jam, Marmalade or marmite (Vegan butter available)*

**SMASHED AVOCADO (VG)** £2.50

*Served on toasted ciabatta, topped with black sesame seeds & balsamic, with vegan slaw*

**BRUSCHETTA (VG)** £3.50

*Tomato, red onion, basil & olive oil*

**WOLFY'S PORRIDGE POTS** £2.50

*Selection of flavours available, please ask*

**SOURDOUGH BREAKFAST BAPS** £3.00

*Filled with your choice of:*

*Gower Butcher smoked bacon*

*Gower Butcher pork sausages*

*Glamorgan leek & Caerphilly cheese (V)*

## Salad / light bites

**GOATS CHEESE TART (V)** £5.50

*Individual tart with goats cheese & red onion, served with salad & slaw*

**GRILLED HALLOUMI SALAD (V)** £5.75

*Dressed mixed leaf salad with olives & slaw*

**AVOCADO SALAD (VG)** £5.75

*Dressed mixed leaf salad, topped with avocado, black sesame & sunflower seeds*

**HAM, CHEESE & WALNUT SALAD** £5.75

*Dressed mixed leaf, slaw*

**PLOUGHMANS** £5.75

*Ham, cheese, toasted ciabatta, chutney & slaw*

## Sandwiches/ Ciabatta/ Baked Potato

<b>SANDWICH:</b>	<b>CIABATTA:</b>	<b>BAKED POTATO:</b>
£5.50	£5.80	£6.00

*All served with side salad & Slaw*

**BRIE & CRANBERRY (V)**

**HUMMUS, RED PEPPER & LEAF (VG)**

**AVOCADO, SUNFLOWER SEED, LEAF, BALSAMIC (VG)**

**CHEESE WITH TOMATO, ONION OR CHUTNEY (V)**

**HAM & CHEESE**

**TUNA MAYONNAISE**

## Nibbles & Treats

**BOWL OF OLIVES** £1.50

**CIABATTA, OLIVE OIL, BALSAMIC** £2.00

**WELSH CRISPS** £1.10

*Selection of homemade cakes, brownies, cheesecakes & more available from the counter*

## Coffee / Tea

**AMERICANO** £2.30

**CAFE LATTE** £2.50

**CAPPUCCINO** £2.50

**ESPRESSO** £2.00

**FLAT WHITE** £2.75

**MOCHA** £2.75

**HOT CHOCOLATE** £2.50

**BREAKFAST TEA** £2.00

**SPECIALITY TEA** £2.50

**GOWER**  
COFFEE CO.

HURROUGHS  
**Welsh**  
BREW

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