

## BRUNCH

TOAST	£2.00
Jam, Marmalade or marmite (Vegan butter available)	
SMASHED AVOCADO (VG) Served on toast, topped with black sesame seeds & balsamic, with vegan slaw	£4.50
<b>WOLFY'S PORRIDGE POTS</b> Selection of flavours available, please ask	£2.50
SOURDOUGH BREAKFAST BAPS	£3.00
Filled with your choice of: Gower Butcher smoked bacon	
Gower Butcher pork sausages	
Glamorgan leek & Caerphilly cheese (V)	

## SALAD / LIGHT BITES

GOATS CHEESE TART (V)	£5.50	
Individual tart with goats cheese & red onion,		
served with salad & slaw		
FETA & SUNBLUSHED TOMATO SALAD (V)	£5.75	
Dressed mixed leaf salad with slaw		
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FALAFEL SALAD (VG)	£5.75	
Dressed mixed leaf salad, black sesame &		
sunflower seeds		
PLOUGHMANS	£5.75	
Ham, seasonal cheese, toast & slaw	-)./)	
fram, seasonar cheese, toast & siaw		
SOUP OF THE DAY	£5.75	
Served with bread		

Selection of homemade cakes, brownies, cheesecakes & more available from the counter

# SANDWICHES/ BAKED POTATO

SANDWICH:	<b>BAKED POTATO:</b>
£5.50	£6.00
All served wit	h side salad & Slaw

## CHEESE WITH TOMATO & CHUTNEY (V) HAM & CHEESE

### **TUNA MAYONNAISE**

## TOASTED CIABATTA

FALAFEL (VG)	£6.50
Hummous & red pepper, side salad & slaw	
PIGS UNDER BLANKETS	£6.50
bloody marry ketchup, side salad & slaw	
BRIE & CRANBERRY (V)	£6.50
With side salad & slaw	
TURKEY CIABATTA	£6.50
stuffing & cranberry, side salad & slaw	

## Coffee / Tea

AMERICANO	£2.30
CAFE LATTE	£2.50
CAPPUCCINO	£2.50
ESPRESSO	£2.00
FLAT WHITE	£2.75
МОСНА	£2.75
HOT CHOCOLATE	£2.50
BREAKFAST TEA	£2.00
SPECIALITY TEA	£2.50





PLANT BASED MILKS AVAILABLE £0.50 EXTRA